

EPPSON CENTER FOR SENIORS

Fiscal Year 2019/2020 Accomplishments



The Eppson Center for Seniors in Albany County, Wyoming, encourages seniors to stay active, engaged, and strive for wellness through these unprecedented times. Over the last year, we have overcome many challenges. We have adapted our programs and services to foster our seniors' sense of belonging in our community while continuing to promote independent living.

ACTIVITIES & FITNESS

Through our Activities and Fitness programs, the Eppson Center's patrons checked in at the Center a total of **27,825 times** for activities such as Fall Prevention, educational programs, physical fitness, arts and crafts. In March due to COVID, the Center closed to the public so we modified our services to include Fall Prevention via Zoom and then moved to the park when the weather started getting nicer. We had groups such as Biscuits & Jam, line dancing and Seniors on the Go meet outside the Center, and our Bible Study was completed via Zoom as well. And, since our patrons could not come to the Center, we called them weekly to check in on them!

Cost: \$2.67 per encounter



NUTRITION

Our home delivered meals program provided **23,632 meals**, and the number of home delivered meal patrons over the age of 60 increased by **49%**. Our congregate and curbside take away provided **10,006 meals**. Curbside take away was added due to the COVID-19 outbreak, allowing us to serve meals via another method while the Center was closed to the public.

Cost: \$9.60 per meal



TRANSPORTATION

Our Transportation program provided **8,568 rides**, connecting seniors to their medical providers and to vital supplies—even with the reduction in rides for essential services only and the limitation of one person per van. Our service provided for critical dialysis appointments which occurred three times per week and our drivers continued to get those patrons to IMH without a break in service.

Cost: \$16.74 per one-way ride



WELLNESS SERVICES

Our Wellness program provided homemaking services before the COVID outbreak in March but was then shut down due to the virus. Since then we have called the patrons weekly to keep them connected! We continue to provide personalized services to our Wyoming Home Services clients as they arise. The Wellness department worked with these seniors for a total of **2,435 hours** during the fiscal year. Our Loan Closet loaned a total of **258 items** to **172 individuals**. Our shopping program provided relief for our patrons **236 times** by providing shopping service to those who are at risk and wanting to stay clear of crowds and public places. The Matter of Balance class accounted for **62 hours** of evidence-based wellness classes for our newly developed evidence-based education program.

Cost: \$56.84 per encounter hour



EMPLOYEES, OUTREACH, & VOLUNTEERS

Employees

We finished the fiscal year with a total of 20 employees, both full and part time for a total of 13 FTE. Our employee expenses for FY2020 were \$470,185.06 including payroll, Wyoming Retirement contributions, Social Security, Medicare, federal withholding, Wyoming Workers Compensation and Unemployment. We use contract services for our registered dietician and janitorial services.

Volunteers

4,779 total hours were given by **132 volunteers** including over **2,400 hours** given by our volunteer home delivered meal drivers. Our Board of Directors has a total of 9 members who participate in 9 different committees and they reported nearly **280 hours** of volunteer time to the Eppson Center throughout the fiscal year.

Individual Patrons

1,783 individuals took part in services offered at the Eppson Center; and our total number of patrons over the age of 60 increased by **10%** this year!



2019/2020 ACCOMPLISHMENTS

BOARD

Accomplishments this year included the dissolution of the Eppson Center Foundation. The Eppson Center Foundation Board's responsibilities were transferred to the Center's Board of Directors and an Investment Committee was established to manage the Foundation assets. Members of the Board of Directors serve as members for the Investment Committee. Several other Committees were formed which will also benefit the Center significantly. A Finance/Internal Controls Committee reviews monthly reports and invoices to ensure fiscal responsibility. A Fundraising/Outreach Committee reviews and establishes fundraisers and determines proper outreach to help support the Center's needs. Other committees include Board bylaws review, Board nominations, Center Policies, a Personnel Committee and a Facilities Committee.

COVID-19

The Center's employees modified services quickly to meet the needs of our patrons with the onset of the COVID-19 Coronavirus. Curbside meals were allowed by the State of Wyoming Aging Division and that program has been quite successful. The staff compiled lists of patrons and began making wellness calls weekly to each of them. This has been a well-received service and many are very appreciative for the extra phone call they receive to check their status.

EVIDENCE-BASED EDUCATION

The Center's Wellness and Activities Departments worked together to add new programming to the Center's list of offerings. A federal grant was applied for and received so that we could provide evidence-based educational programming to our patrons. Our Matter of Balance class was well received and we are planning additional offerings that will help patrons maintain their health and activity level with beneficial classes and activities.

IN PROGRESS

Development of monthly giving procedures and establishment of a heritage group to ensure perpetuity for the Center's needs. Increasing collaborations with community agencies and businesses.

FIVE YEAR (FY2017-FY2022) STRATEGIC PLAN GOALS- YEAR 3 FY2020

Ensure Center is Financially Stable

- Our Center finished FY2020 with a bottom line of nearly \$155,000 after all expenses were paid! We were even able to establish a \$90,000 annual budget for repairs and maintenance for FY2021.

Develop a Facility Plan

- The Facilities Committee continues to work on the annual maintenance and repair timeline needed to keep the facility in great shape.

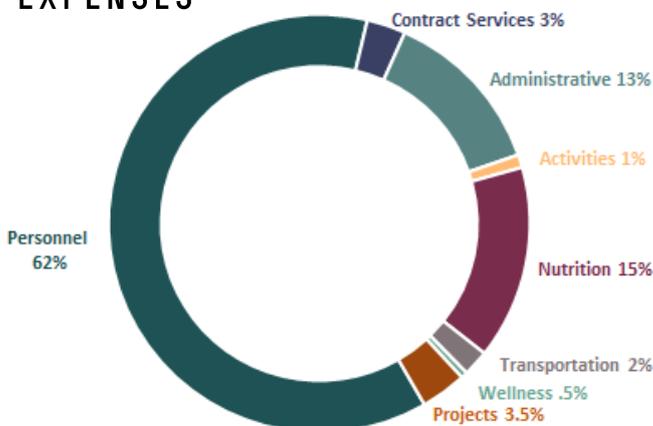
Increase Services to Underserved Populations

- We achieved a 35% increase in the number of patrons who are considered minorities. We experienced an increase of 26% in the number of patrons who live alone and we were able to reach 22% more patrons who live below the poverty level.

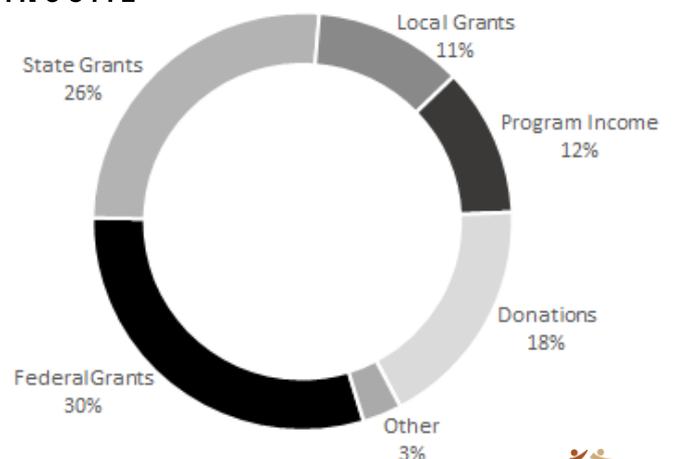
Increase Social Health Through Interaction and Involvement

- Even with the COVID-19 outbreak, we were able to reach 10% more individual patrons over the age of 60 than in FY2019.

EXPENSES



INCOME



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