

NEWS



Dedicated to providing lifelong support for independent living.

CONTACT

1560 N. 3rd St.
Laramie, WY 82072
307-745-5116
executive@eppsoncenter.org
www.eppsoncenter.org
facebook.com/eppsoncenter

WHAT'S INSIDE

From the Director	1
December Menu	2
Seniors on the Go	4
Statistics	4
Transportation	5
Senior Connections	6
Activities, Events, & Exercise	7
December Activities Table	8
Home Delivered Meals	9
Holiday Events	10
Did You Know?	12

CENTER HOURS

8am- 4pm | Mon - Fri

MEALS

11:30am - 12:30pm | Mon - Fri

TRANSPORTATION

8am - 3:30pm | Mon - Fri
307-745-1511 (Ext. 131)

BOARD OF DIRECTORS

PRESIDENT: Keith Seebart

VICE PRESIDENT: Diane DeLany

SECRETARY: Lisa Levin

TREASURER: Bernard Steinman

Diana Bartke

Pamela Clarke

Cheryl Fleener

Barbara Humphreys



FROM THE DIRECTOR, TAMMY COMER



Hello and Merry Christmas!

Wow, and before we know it...December is here again! As this year comes to an end, I wanted to be sure to reflect on some of the positive things that have happened at the Center in 2022.

Great Things that Happened in 2022

- The Eppson Center was able to fully reopen to the public in February of 2022 after a long year of being closed and only providing Home Delivered, Take Out Meals, and limited Activities. Our staff has worked very hard to bring in new activities, new menu ideas, and were just delighted to see all of you back here. We continue to see an uptick in new patrons and that's just what we want - more people to enjoy the offerings and to socialize with!
- Emma has regularly brought back activities that we had prior to COVID, along with a lot of new offerings from instructional art classes to performances and education opportunities!
- Our Dollar A Month Club (DAMC) is working very hard at re-establishing the Club after a hiatus due to COVID. The group is responsible for events that bring in needed funds to be used for special projects and needs at the Center. We thank all of you who are currently involved and reach out to those of you who are not yet and ask that you get involved so that the Dollar A Month Club can continue.
- The Center's Home Delivered Meals program has expanded exponentially which means that we are able to help nearly twice as many people remain independent in their own homes as long as they possibly can!
- The meals coming out of the Kitchen are turning out great and we have been able to introduce many new recipes for your enjoyment!

continued on page 3





December Menu

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Menu is subject to change</p>	<p>All menu items are served with: 1 cup green salad with dressing 1 cup mixed fruit 1 Dessert Milk</p>	<p>Donations are appreciated for meals for those age 60 and over. Cost per meal for those age 59 and under is \$7.00</p>	<p>Baked Chicken Scalloped Potatoes Mixed Vegetables</p>	<p>Hamburgers on WGR Oven Fries Lettuce, Tomato, Onion</p>
<p>Baked Potato Bar, Bacon bits, Cheese, Sour Cream, Cheesy Broccoli, Crackers</p>	<p>Beef Stew with Vegetables Cheddar Biscuit</p>	<p>Pulled Pork Sandwich Baked Beans Cole Slaw</p>	<p>Chicken Cordon Bleu Casserole Mixed Vegetables WG breadstick</p>	<p>Baked Pollock Rice Pilaf Mixed vegetables</p>
<p>Country Fried Steak Roasted Potatoes Vegetable Medley</p>	<p>Chicken Fettucine Alfredo Broccoli Florets WW Breadsticks</p>	<p>Shrimp Stir Fry with Asian Vegetables Vegetable Fried Rice</p>	<p>Hot Turkey Gravy Over Mashed Potatoes Mixed Vegetables Wheat Rolls</p>	<p>Ham and Split Pea Soup Wheat Roll Mixed Vegetables Sliced Cheese</p>
<p>Spaghetti Marinara California Blend Garlic Toast</p>	<p>Philly Cheesesteaks Baked Potato Chips Crudit�</p>	<p>Red Beans and Basmati Rice with Andouille Cucumber & Tomato Salad</p>	<p>Chicken Enchilada Casserole Spanish Rice/Beans Santa Fe Blend</p>	<p>Christmas Eve Closure</p>
<p>Christmas Day Closure</p>	<p>Chicken Tortilla Soup Cheese, Sour Cream, Tortilla chips, WG Tortilla</p>	<p>Roast Beef Sandwich on WG Bread, Baked Chips, Crudit�</p>	<p>Baked Ham Sweet Potatoes Black Eyed Pea Salad WG Roll</p>	<p>Baked Tilapia, Angel Hair Pasta, Lemon Butter, Italian Blend Vegetables</p>

**Eppson Center for Seniors Holiday Closures:
 December 23 & 26 for Christmas and January 2nd for New Years!
 Happy Holidays!**

- Transportation has been able to return to providing rides for social, education, employment and personal purposes which has been great for our patrons. We were able to purchase a new 14-passenger bus that we will be using for field trips as the weather gets nicer, and using it for Friday Nights Out to get folks out with friends for a meal and fellowship!
- Our Core Staff of Department Heads are all hired and most have been with us over two years. This is something in today's hiring climate! I am so proud of all of our staff members for their dedication to our mission and willingness to work hard to support Laramie's older adults!
- Our Board of Directors continue to be very supportive and are helping us to ensure that the Eppson Center is stable and continue on for the next 50 years!
- Many new friendships have begun at the Eppson Center and we will continue to seek new patrons to increase those numbers!

These are only some of the wonderful positive outcomes we have seen this year, and by no means, do I mean to leave anything out, but for the sake of newsletter space, I'm listing these!

Please welcome Carrie Miller back into the Kitchen. We missed her while she was away and the kitchen is again fully staffed!

Our Operating Board continues to work on the Strategic Planning Process for the next five years and our Retreat has been rescheduled until January in order to allow us enough time to survey patrons, staff, Board Members, and community partners. If you did not get a chance to complete the survey, either online, or on paper at the Center, please reach out and let us know. We truly want to hear what you have to say and appreciate your time, effort, and comments to complete this survey! (The online link is on page 12 of this newsletter.)

Grateful for you, as always!
Tammy

Help Your Community!



Classroom grandparents tutor and mentor children in schools and childcare centers.

Paid volunteer hours & training that DOES NOT impact SS, rent, subsidies, or other assistance.

- *Ages 55+ *15-40/hr week
- *Paid background check (required)
- *Fellowship with school and peers

www.fostergrandparentswy.org



307-223-1051



FREE
AD DESIGN
with purchase
of this space

CALL 800-950-9952

**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our newsletter
emailed to you every week.



Visit www.mycommunityonline.com

**Place Your Ad Here and
Support our Community!**

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



DECEMBER HIKES

Due to weather issues, the **Seniors on the Go** hikes may change from the schedule below. Make sure you let us know if you will join us or meet us in case we do switch. For questions or to get more Seniors on the Go information email: sotg@eppsoncenter.org
Find us on Facebook: <https://www.facebook.com/LaramieSOTG/>

December 2	Pilot Hill Road: Buck Sullivan Spring – RAW hike. Take I-80 to Happy Jack exit (#323), go across the viaduct and turn left onto Happy Jack Road. Continue almost a mile and turn left onto FR703 across from Tie City. Drive about 1.5 miles to an area on the right where we can park. We will be across the road from the buck fence (before the cattle guard), and close to the towers looking North. The road can be a little rough in spots, so drive carefully. Some of the hike is out in the open, including some sagebrush. The distance is around 4 miles and is rated moderate.
December 9	Snowy Range: Little Laramie Trailhead. From Laramie, go west on Hwy 130 to Centennial and continue for 3.5 miles to the trailhead on the north (right) side of the highway. When we get there, we will decide which trail to hike. Elevation 8,780 – 9,140.
December 16	Vedauwoo: Blair Trail by Brady Rock. KFC hike. Take I-80 to Happy Jack exit (#323) and at the stop sign, make a right-hand turn onto old Hwy 30. Go 3.8 miles on old Hwy 30, and take FR 705 (Blair Road) under the interstate. (If coming from Cheyenne, take exit 329/ Vedauwoo and go west 2.7 miles to the Blair Road turn.) Drive about 2 miles to the Blair Picnic Area which is a right-hand turn at the river. If the forest gate along Blair Road is closed, we will park by the cattle guard and along the road; this will add about 2 miles to the hike, so we would have to shorten the hike to allow for that. The hike is a moderate 4.5 mile loop from the picnic area to the area's lesser known climbing walls, along the rugged flank of Green Mountain, and back to the parking area. If the FS gate is closed, we may decide on an alternate hike.
December 23, 30, 31, January 1	Merry Christmas! No hike. Happy New Year! No SOTG hike. Curt Gowdy State Park sponsors a New Year's Day hike as part of First Day Hikes, a nationwide initiative led by America's State Parks. Watch for it online and in "The Boomerang." It's a fun way to start the New Year!

STATISTICS

MARILYN AIKEN, COORDINATOR (307) 745-5116, ext. 19



When COVID hit nearly 95% of Senior Centers ceased offering congregate meals and transitioned to curbside pickups or expanded home delivered meals. In 2022 congregate programs have been having a revival. Our

numbers are up and bringing in quite a few new participants to all of our programs. In October the Eppson Center had 30 new clients.

Pre-COVID, the average age of a congregate lunch participant was approaching 77.5. In 2022, it's almost 78.3. Fantastic! Those people are also more likely to stick around for an additional event than those who do not participate in a congregate meal. That is one of the most enduring statistics in the 15+ years that we've been tracking data across Centers: People who

attend a congregate meal tend to participate in more programs than people who don't.

Start Your Engines

According to data published in 2019 on a website called Statista, sometime between 1:00pm and 3:00pm is the most popular start time for Thanksgiving dinner.

Eating with others provides nutrition AND socialization, which is a great combination. Heck, it's even the focus of many holidays, including Thanksgiving & Christmas.

We appreciate you taking time to complete your AGNES form when it is due to be renewed. It is fun visiting and seeing so many faces come to the Center to enjoy spending time with friends and family.

EPPSON CENTER TRANSPORTATION

GUY MORROW, TRANSPORTATION COORDINATOR (307) 745-1511



Please call (307) 745-1511 to reserve your ride with as much advance notice as possible.

Ridership is up and we are getting busier, so please reserve your rides as far ahead as possible in the future to get your slot reserved. Please remember to book rides 48 hours in advance.

The Eppson Center was able to purchase a new 14-passenger bus for events that will be planned in the future - be on the lookout for announcements concerning this coming up!

We thank you for using our Transportation service and we look forward to serving you in the future!

Costs associated with rides:

- Age 60 or over: No cost but donations are always greatly appreciated.
- Age under 60: \$6 per ride or \$12 round trip.
- Age under 60 and have a diagnosed medical disability: \$4 per ride or \$8 per round trip.

Required: All riders must complete a Senior Assisted Transportation Services (SATS) application before they can schedule rides.

Pick-Up hours: Monday through Friday, 8:30am - 3:30pm (closed daily from 12:00-12:30pm).

Ready time window: Riders must be ready to board the van 15 minutes before the scheduled pick-up time until 15 minutes after. The drivers will leave 5 minutes after their arrival in that time window so as not to inconvenience other riders.

Need Help? Looking for information?
Don't know where to turn?
WYOMING 2-1-1 CAN HELP!
Wyoming residents who need help finding affordable housing, food, utility assistance, and other basic needs, can reach out to Wyoming 2-1-1. Wyoming 2-1-1 is a free and confidential service that provides information and referrals to local community services that can help you with your most critical and urgent needs.
Dial 2-1-1 or 888-425-7138
Visit www.wyoming211.org
Text your zip code to 898211

Gary's
PLUMBING, HEATING, & COOLING
Proudly serving customers for over 45 years!
Let us take care of your plumbing & HVAC Needs
Licensed & Insured
307.745.3223
garysplumbingheating.com

My Husband Has Alzheimer's
I am his sole caregiver.
Are you walking the same path?
Join me for coffee & pie at Perkins, Thursdays at 3pm
For Friendship & Understanding
928-821-0701

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!
CONTACT ME
Anita Aguilar
aaguilar@lpicommunities.com
(800) 950-9952 x2677

SUPPORT OUR ADVERTISERS!



SENIOR CONNECTIONS

ERICA ANDERSON, COORDINATOR 307-745-5116, Ext. 127;

email: seniorconnections@eppsoncenter.org



Loan Closet Happenings

- The Loan Closet is a service that lends out donated medical equipment to members of the community. We also gladly accept your donations of new or gently used medical equipment and currently have a need for new incontinence supplies, especially women's pads (medium to heavy absorbency) and medium pullup underwear.
- The Loan Closet is open Monday-Friday, 8:00am - 4:00pm.
- Please call ahead of time, ask for Erica Anderson, ext. 127. I will do my best to get back to you within the next day or so.

Beltone

- This service offers hearing aids, hearing aid tests, and hearing aid maintenance.
- Beltone is at the Center on December 1st.
- Schedule your appointment with Kelly by calling 307-214-4937.

Snowy Range Foot Care



- Take good care of your feet and say goodbye to foot pain!
- Snowy Range Foot Care is at the Eppson Center December 8 and 15.
- Call Lorraine at 307-760-1196 to schedule your appointment.

Counseling Services

- Now accepting new clients. Sonia Kho, a master's student in Mental Health Counseling at the University of Wyoming, supervised by Ty Tedmon-Jones (MS, LPC, LCAT, BC-DMT), will be providing free 50-minute long one-on-one or couples counseling at the Center. Sonia

has a person-centered approach to therapy and is trained in a variety of topics but is mainly focused on grief and loss, anxiety, depression, relational issues, and periods of transition.

- For more information about her services, expertise, or to schedule an appointment please contact Sonia at skho@uwyo.edu
- *******IMPORTANT:** To ensure that your privacy and personal information is kept confidential, please do not disclose your reason that you wish to receive counseling to our staff, or via email with Sonia. Personal details and concerns will only be addressed in person.

Wyoming Senior Smiles Dental Program



Show off those pearly whites! The Wyoming Senior Smiles Dental Program is a low cost dental program designed to serve adults ages 65+ who meet eligibility and income guidelines.

- They're accepting applications for the 2023 program through December 16, 2022.
- For information, please contact the Wyoming Delta Dental Foundation at 307-632-3313 or <https://www.deltadentalwy.org/foundation/seniorsmiles>

We will keep you posted of Eppson Center for Seniors current information through our Weekly Announcements (sign up at announcements@eppsoncenter.org), on our Facebook page (www.facebook.com/eppsoncenter), on our Website (www.eppsoncenter.org), and through this monthly Newsletter for current information.



ACTIVITIES, EVENTS, & EXERCISE

EMMA WHITE, COORDINATOR (307) 745-5116, ext. 114
email: activities@eppsoncenter.org



Add a Personal Touch to Your Christmas Cards

On December 2nd (Friday) from 1:30-3:30pm, University of Wyoming Art Education students will be coming to the Eppson Center to teach a

Make Your Own Christmas Cards Workshop! There is no charge to attend and all supplies will be provided. Spaces are limited, please sign up ahead of time at the Front Desk. Show someone you care by sending them a heartfelt and handmade card this holiday season!

P.S. Not interested in making your own cards? The Eppson Center is selling Christmas cards at the Front Desk at **2 for \$1**, what a deal!

FREE Coffee and Baked Goods

The Dollar a Month Club will be providing FREE coffee and baked goods on December 7th (Wednesday) and 15th (Thursday) from 9:30-10:30am. Drop in anytime for a fun social hour and learn how you can help out with future events such as this one. Reminder, the Dollar a Month Club is in need of new committee members before the new year in order for the club to continue. Please join the meeting on December 15th from 12:30-1:30pm to help keep this club going. For more information or to get involved, contact Emma.

“May Your Days be Merry and Bright”

Join us for a Christmas Celebration on December 13th (Wednesday), time TBD. Fifteen cello students from The String Academy will be here to play their Christmas/end of year program followed by a Christmas Light Tour in the Eppson Center bus. There may even be some treats, games, and for sure a jolly good time.

Woo-hoo Yoga Will Continue!

The Yoga class taught by Doris will continue as a regularly scheduled activity at the Eppson Center. This class will take place from 8:15-9:00am in the Wellness Center on Thursdays. Various styles of Yoga will be taught, so make

sure to stop at the Front Desk for a calendar and class description. The December 1st class is Yin/Restorative Yoga. Each session is designed with older adults in mind and will be great for beginners and experienced Yogis. A \$4 donation per class is suggested. The Eppson Center has mats but you may want to bring your own props (particularly blankets, pillows, blocks, etc.). Come experience the positive results of Yoga for yourself.

Watercolor Instructor Wanted

- The Eppson Center is looking for a new watercolor instructor.
- If you or someone you know has a passion for teaching and a talent in watercolor please reach out to Emma.
- This is a fun and well attended class that could use your help!

Stay tuned for more activities in December

A Letter from Activities

Hello everyone and Happy Holidays!

I wanted to take the time to say thank you all for such a wonderful year. I can say from the bottom of my heart that I love my job and it is all because of you! Thank you to everyone who has attended any of the fun events or activities at the Center, stuck with me and my corky ideas, motivated and inspired me in my job and personal life, volunteered to allow these activities to happen, swung by my office to chat (or more likely teased me), and provided input and ideas that help make the Center meaningful to you and so much more. I can only hope to see and hear from you more in the coming year. I am grateful to be able to provide opportunities that allow people to stay active and independent and can't wait to see what new opportunities will present themselves.

Cheers to a Happy Holiday Season and a New Year filled with more activities!

Emma



December Activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Senior Hydrobics</u> 6:00am-7:15am at Laramie Rec Center	<u>Senior Hydrobics</u> 6:00am-7:15am at Laramie Rec Center	<u>Senior Hydrobics</u> 6:00am-7:15am at Laramie Rec Center	<u>Senior Hydrobics</u> 6:00am-7:15am at Laramie Rec Center	<u>Senior Hydrobics</u> 6:00am-7:15am at Laramie Rec Center
	<u>Chess</u> 9:00am-12:00pm	<u>Line Dancing</u> \$2/class 9:00am-10:00am	<u>Chess</u> 9:00am-12:00pm	<u>Yoga</u> 8:15am -9:00am	<u>Seniors on the Go</u> 8:45am
	<u>Fall Prevention</u> 10:30am-11:30am (in East Wing and Zoom)	<u>Musical Exercise With Resistance</u> 10:30am-11:30am	<u>Line Dancing</u> \$2/class 9:00am-10:00am	<u>Musical Exercise With Resistance</u> 10:30am-11:30am	<u>Line Dancing</u> \$2/class 9:00am-10:00am
	<u>Bingo</u> 1:00pm-2:30pm	<u>Bible study with Rich Henderson</u> 1:00-1:45 (on Zoom)	<u>Fall Prevention</u> 10:30am-11:30am (in East Wing and Zoom)	<u>Watercolor Studio session</u> 12:30pm-4:00pm	<u>Chess</u> 9:00am-12:00pm
	<u>Pinochle</u> 1:00pm-3:30pm	<u>Laramie Duplicate Bridge</u> 1:00pm-4:00pm	<u>Laramie Art Guild</u> 1:00-3:30 1 st Wednesday only	<u>Biscuits and Jam</u> (1 st and 3 rd ONLY) 1:00pm-3:00pm	<u>Veterans Coffee</u> 9:00am-10:00am
	<u>Melodees</u> 1:30pm-2:30pm	<u>Uechi Ryu Karate</u> 5:00pm-6:00pm		<u>Drum life</u> (2 nd and 4 th Thursday ONLY) 1:00pm-3:00pm	<u>Fall Prevention</u> 10:30am-11:30am (in East Wing and Zoom)
		<u>Laramie Fiber Guild</u> 1 st Tuesday ONLY 6:30pm-8:00pm		<u>Mexican Train Dominoes</u> 1:00pm-3:30pm	
				<u>Hi-Wheelers Car Club</u> 6:30pm-8:00pm	
	Stay up to date with all things Eppson Center by liking us on Facebook and/or subscribe to our weekly email announcements		<u>Available 8am-4pm Monday-Friday:</u> -Too Fit To Quit (must complete orientation with Emma) -Billiards (come by anytime or lessons or games with Carl) -Clothing Sewing and Alterations (from Julie) call the Eppson Center for details -Game center, free card and board games to play any time Free books and puzzles		
	The Eppson Center will be closed for the holidays on December 23 rd , 26 th and January 2 nd . We hope that your holidays and new year are filled with joy, peace and love.				

Have you checked out the New Game Center?

Various board and card games have been generously donated to the Center in hopes that patrons would stop in, play a game, and have a cup of coffee whenever they would like! Interested in being part of a game group that meets on a regular basis? Let Emma know and we will make it a regular activity.

Important Information Regarding Taxes

AARP Foundation Tax-Aide volunteers will **NOT** be providing tax preparation at the Eppson Center starting in February 2023.

It is essential that all Tax-Aide clients find an alternate source for preparing their 2022 Federal Income Tax returns.

HOME DELIVERED MEALS

ERICA CURRY, COORDINATOR (307)-745-5116, ext. 120



ANNUAL SOCK DRIVE!
The Eppson Center has an **Annual Sock Drive to benefit our seniors with a wonderful warm pair of socks.** These socks are added to a small gift bag with other goodies and delivered through Home Delivered Meals to those in need. **After December 1, there will be a box in the lobby for donated socks. The Dollar A Month Club** will



be donating other items to add to the bags.

THANK YOU FOR SOCKING IT TO US!

The Home Delivered Meals program serves one of Laramie's most vulnerable populations. To reach our goal of enhancing nutritional wellness for all seniors in our community it is important to serve those who are home-bound or otherwise unable to shop and prepare for their own meals.

Hot meals go out to seniors Monday-Friday and frozen meals can be delivered for weekends and holidays.

Interested in getting Home Delivered Meals or have a loved-one that needs Home Delivered Meals? Call Erica today at (307)-745-5116 ext. 20

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

ADT Authorized Provider SafeStreets 833-287-3502

The Care You Deserve

Grand Ave Urgent Care

HERE TO HELP YOU FEEL BETTER FAST

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO


lpicommunities.com/adcreator

Walk-In Appointments • State-of-the-Art X-ray Equipment • Physicals - Lab Testing
COVID-19 Testing Center - Appointment not required
CT Scanning On-site

3236 E. Grand Ave. Ste. D
(Conveniently located next to Murdoch's)
M/F 9-8 • SAT 9-6 • SUN 9-4
307-760-8502 • grandaveurgentcare.com

THRIVE
LOCALLY






Dinner with Dickens

An Immersive 5-Course Dining Experience

FEATURING LIVE READINGS FROM
A CHRISTMAS CAROL



SATURDAY, DECEMBER 10TH
THE EPPSON CENTER FOR SENIORS
1560 NORTH 3RD STREET
DOORS OPEN AT 5:30
FESTIVITIES WILL COMMENCE AT 6:15

TICKETS ON SALE AT THE
EPPSON CENTER OR ONLINE
WWW.EPPSONCENTER.ORG

\$65/person
OR
\$125/ Couple

Limited Seating Available



Olde Tyme Holidays


Help make the Eppson Center a magical destination lighting display in Laramie - the only display on the north end of town!

Please donate!

You can make checks out to:
"Eppson Center for Seniors"

Mail donations to: 1560 N. 3rd Street
Laramie, WY 82072

Be sure to write on your check:
"Holiday Lights"

Please remember that Ridley's offers shoppers the opportunity to donate their Ridley's points to non-profit organizations and the Eppson Center would love to be the recipients of those points as we receive a quarterly check that benefits our programs!



You shop. Amazon gives.

Be sure to select Eppson Center for Seniors when you shop on Amazon. It is a simple way for you to support us every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. AmazonSmile will donate 0.5% of your eligible purchases to the Eppson Center.



NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our
newsletter
emailed to
you every
week.

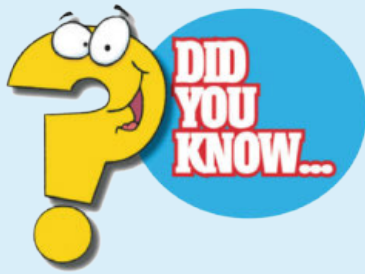


VISIT WWW.MYCOMMUNITYONLINE.COM



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Eppson Center for Seniors, Laramie, WY D 4C 05-1278



The Eppson Center will celebrate 50 years serving our Community in 2023? We are planning a patron's party to celebrate, along with a Gala Celebration to celebrate our donors and sponsors. We are planning on celebrating all year and invite you to join us at our patron's celebration and continue to invite new people into the Center to participate.

SPECIAL NOTE:

Here is an online link for patrons of the Eppson Center to fill out a survey for the next 5 years of Strategic Planning.

Thank you for your help.

<https://www.surveymonkey.com/r/EppsonCenterforSeniors>



Albany County Assessor
Chelsie R. Mathews

Albany County residents have two forms of property tax relief available to them: the **Veteran's Exemption** and the **Property Tax Refund Program**. Both programs have certain eligibility requirements, and an application **MUST** be completed to receive the benefit.

The veteran's exemption is administered through the Assessor's office and the **deadline is the 4th Monday in May every year**. The veteran must be honorably discharged with a copy of their DD214 and a Wyoming resident for the past 3 years. They must also meet **ONE** of the following requirements:

- Served during World War I, World War II (12/7/41 – 12/31/46), Korean War Emergency (6/27/50 – 1/31/55), or Vietnam War Emergency (2/28/61 – 5/7/75)
- Awarded an Armed Forces Expeditionary Medal or other authorized service or campaign medal indicating active service for the United States in an armed conflict in a foreign country
- Have a service-related disability certified by the Veteran's administration or a branch of the armed forces

If approved, the benefit can be applied towards their primary residence or vehicle registration. The benefit equates to about \$200 off the property tax bill or \$90 off vehicle registration. This is an annual benefit.

The property tax refund program was funded by the State of Wyoming for 2021 and 2022 tax refunds. It will have to be approved again in 2023 to continue. **The deadline to apply is the 1st Monday in June**. The property tax refund program is administered through the Treasurer's office. The citizen must own their home, have paid their 2022 taxes in a timely manner, and be a Wyoming resident for the past 5 years. They must also meet **ALL** of the following requirements:

- Total personal assets do not exceed \$133,651 per adult household member. They may exclude the value of their home and one car for each adult household member, and any retirement accounts. They must include other real estate, bank accounts, and investments.
- Their household income is equal or less than 3/4 of the median household income for our county. Albany County is \$45,255

If approved, the refund could be up to 1/3 of the applicant's prior year property tax. The applications for a refund on 2022 property taxes will be available in mid-April 2023.

525 Grand Avenue 206 / Laramie, WY 82070-3852 / 307-721-2511
www.albany.wy.us / Fax: 307-721-2519 / assessordocs@co.albany.wy.us

Eppson Center for Seniors
1560 North 3rd Street
Laramie, WY 82072

